We empower future ready and compassionate learners who live with intention.

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Thunder Vista Buffalo News

September 23, 2022

Hello Thunder Vista Families,

It was another great week with students engaged in powerful learning experiences and community building, especially in the area of math. Second graders spent time this week engaging in their first 3-Act Math task of the year. This type of task provides access and extension to all students and helps students see Math for what it is – an open and creative subject in which looking at problems in multiple ways and making mistakes is how we grow to our highest levels.

Our fourth grade teachers had discussions about supporting their students' Math communication and the importance of building up students' math identities in order to access deeper communication and understanding in Math. They engaged their fourth graders in thinking about how math is about depth not speed and then their students experienced a dot talk to see all the different ways we can think of something as simple as 7 dots! This idea is one that students can connect to any mathematics work they are doing.

Some of our eighth grade mathematicians also engaged in a three act Math to deepen their understanding of their standards and the math practices. These students explored the question, "Which is faster – the stairs or the elevator?" and had to sift through information to determine what would be useful in modeling and solving the problem.

UPDATES

New Landscaping

You may have seen our sprinklers running lately during arrival and dismissal times. As part of the construction this summer to replace the concrete on the north side of our building, we now have newly seeded landscaped areas. The landscaping contractors

have shared with us that it is essential to keep all of those areas wet 24/7 for approximately fourteen days during the germination process. Due to the length of run times on these zones and other irrigation schedules, it is often necessary to run irrigation in the newly seeded areas during the day. Once adequate germination has been achieved, the watering will be reduced in stages over the next fourteen days to slowly harden off the new native grass.

Upcoming Lockdown Drill

A mandatory lockdown drill at Thunder Vista is scheduled for next Thursday, September 29th. Lockdown drills, similar to fire drills, are an opportunity for students and staff to learn or re-familiarize themselves with the necessary steps to take in the event of a specific emergency in our building. We wanted to inform you about next week's drill because we recognize these types of drills, while necessary, can create some anxiety for students and parents.

The goal of all drills is to teach confidence and allow students and staff to be prepared for an emergency. Throughout the school year, we practice numerous safety procedures to help our staff and students respond quickly, calmly, and safely to a number of situations. For more information about all of the district safety and emergency drills/protocols, visit www.adams12.org/safety.

We encourage families to talk to their children about drills. This is a great opportunity to reassure them that the drills are in place to remind them of the correct plan/steps to follow during any emergency in the school.

Lost and Found

Please have your child check our lost and found located near the cafeteria. Any items that are not claimed by Thursday, October 13, 2022 will be donated.

Middle School Career Lunches

The THV Counseling Department would like to begin hosting a monthly Lunch and Learn event for our middle school students and we need your help! The goal is to introduce our students to a variety of different career options and to provide a discussion forum on how to enter that career path. If you or someone you know is interested in coming to speak to a small group of students during middle school lunch we would love to connect with you!

Most of our middle school students know what a job is but find the idea of building a career much more elusive. They also know college is a possibility but do not quite fully understand how to prepare for a future life path. Hearing from adults in our community who have found ways to build fulfilling careers can really help students begin to consider their post-secondary plans.

If you or someone you know would be willing to participate, please complete this <u>google</u> <u>form</u> and one of our counselors will be in touch with more information!

2022-2023 Thunder Vista Yearbook

Don't miss out on Thunder Vista's 2022-23 keepsake yearbook filled with memories to last a lifetime!

\$30 Early Bird Special through December 31st.

\$35 Standard Price January 1-April 3, 2023.

\$40 Last Chance (late orders) April 4th until supplies run out.

Order your yearbook now online at: ybpay.lifetouch.com

Use Thunder Vista code: 13692623

Thunder Vista Buffalo Beliefs and Tiny Guides

We have continued to talk about Dignity and Composure as a part of our Morning Meetings and Advisory sessions and we sometimes use Tiny Guides from our partners at Cultures of Dignity. As stated before, some families requested that we share these resources with families so we can all learn together. In previous weeks we attached some dignity Tiny Guides. This week we are sharing a Tiny Guide to fit with our Buffalo Belief of Composure. Enjoy!!



Emotional Hijacking

PREVIOUS GUIDES

<u>Dignity: What is it and Why You Need to Know About it</u>
<u>Dignity: 10 Elements</u>
<u>Dignity: How to Practice it</u>

Mark Your Calendar

September 28-MS Track Meet @SRMS October 7-12 - THV Book Fair October 12 - Parent/Teacher Conferences October 12-4th/5th and MS Cross Country Meet October 13 - No School for Students

October 14 - No School for Staff and Students

REMINDERS

Thunder Vista Green Team

All 6th Grade students are welcome to join the THV Green Team. Students will be learning more about the current state of climate change, as well as specific actions they can take to minimize their impact on the environment. Through education, hands-on activities, and guest speakers, we hope to support our THV recycling program as well as promote the science and impacts of a changing climate on the populations of today, as well as clarify specific effects of climate change on our regional communities. This club is sponsored by Ms.Roper, and will be meeting on Tuesdays during 6th grade lunch. Interested students may pick up a permission form at the front office.

House & School Spiritwear

Check out our new Thunder Vista House Gear!! Not only will this be an opportunity for our students to purchase house shirts, but it will also serve as a fundraiser for THV. This order will run from September 13 - 27th, with a delivery date of mid-October. You may choose free delivery to the school or you can pay a delivery fee to have items shipped directly to your home. If we have interest down the road we will set up additional shops for hats, or other house spirit items.

Culebra: https://www.customink.com/fundraising/thunder-vista-pto-school-gear-culebra

Ouray: https://www.customink.com/fundraising/thunder-vista-house-gear-ouray

Antero: https://www.customink.com/fundraising/thunder-vista-house-gear-antero

Building Healthy Communities

Have you had a chance to attend an Adams 12 Building Healthy Communities event? This year's first event is on **September 29th from 6-7:30 p.m. at the Educational Support Center (1500 E. 128th Ave).** Join us for a showing of *Screenagers Next Chapter*, a documentary that examines teens' emotional challenges and the interplay of social media. This film explores the mental health challenges facing teens today and mental well-being. Learn more about what can be done in our schools and homes to help our kids build crucial skills to navigate stress, anxiety, and depression in our digital age. After the movie, we will have a discussion about how we empower kids to develop skills for stress resilience. You can learn more about the event and register here.

Thunder Vista Buffalo Beliefs

At Thunder Vista, we value the importance of our Morning Meetings/Advisory time where we focus on social emotional learning and lessons. One of our tenants is focusing on a monthly character trait called Buffalo Beliefs. We like to share what we are focusing on with our families so you can join us in ways that work in your households!

Composure (click for more info)

September's Buffalo Belief is **Composure**. We know that in order to learn and maintain good friendships, we have to be functioning in our highest brain state, which means we have to be regulated and calm. When we are calm we are able to be more self aware and have a better ability to think about how we impact those around us. Composure is not easy and some are better at it than others. It also needs to be taught and practiced.

Something you can create in your households is a space to go when needing to get calm or gain composure. A space like this allows children (and us) to practice using strategies to regulate emotions first, then go back to solve a problem. Children can be taught how to use the space, what to do when they are there, and how to enter back into the family routines. Having a structure like this in any environment sends the message that feelings are part of being human. We expect them to come up and we accept them. We have a plan when they arise, we can go through a process to experience them, and then get back to our daily routine even if we still feel the hard feeling(s).

As the adults in these children's lives it is imperative that we model composure for them to see. In fact, children cannot be regulated (calm) if the adult is not. As a staff, we embed practices for composure in every gathering we do as a group. We realize we have to practice it ourselves in order to facilitate a calm classroom conducive to learning. When we notice ourselves getting dysregulated (i.e. stressed, frustrated, angry, etc.), we must take our own steps to get calm. Our breath can be a powerful tool. Guide your children to do a breath with you, using the mantra, "I'm Safe. Keep Breathing. I can handle this."



October Student Count

Each year all school districts in Colorado participate in the Student October Count process in order to collect data that supports per pupil funding. While the process begins in September and continues through mid-November, there is a one day membership count when all schools report students who are actively enrolled and attending classes at their school. **Our October count day is Monday, October 3rd.** In addition to taking data from the day, we also report data from both the day before and the day after. Please support us in providing accurate data to the state by ensuring that your student(s) is present on the days of Friday, September 30, Monday, October 3 and Tuesday, October 4th, 2022. Thank you for your support and partnership!

<u>Middle School Sports - Cross Country and Basketball</u>

Girls basketball registration continues to be open! The Adams 12 athletic department and district middle schools are working together to build games schedules based on the number of athletes at each school. Please register by October 7th so that we can communicate accurate numbers to the district athletic department.

Thunder Vista BASE

The Thunder Vista BASE (Before & After School Program) is hiring Site Leaders. If you or someone you know is interested please visit the District Website at https://www.adams12.org/our-district/careers - JobID: 4639 . For additional information please contact Elijah Salazar-BASE Director sal021076@adams12.org

THV Houses

Our 'House' system here at Thunder Vista is off to a great start this school year with the intention of creating a team atmosphere across our Preschool through 8th grade community. Check out this video to see how students found out about their House teams and the ways we celebrated this kick off.

Our three different Houses are named after Colorado mountain peaks, and represent the colors of the Colorado Flag. Click on the different House names below to learn more about what makes each House so special.

- ★ Antero
- ★ Culebra
- ★ Ouray

Each Friday we are encouraging staff and students to either wear our House colors or THV spirit wear to show our House and THV pride!

<u>Arrival and Dismissal Procedures</u>

All K-8 students can begin entering the building each morning at 7:40am through their grade level designated entry points according to this <u>building entry/exit schedule</u>. This document includes a chart with both entry and exit times for each grade level. The first time indicated in the far right column for each grade level is the same time of a 7:40 a.m. entry into the building.

Entry doors during student arrival will close at 7:53. If your student arrives after this time, they will enter the building through the cafeteria doors. This door will remain open and supervised until 8:10. If your student arrives later than this time, please drop your student off at the school's main entrance on the south side of the building.

The second time indicated for each grade level (in the far right column) indicates the time that students in a particular grade level will be exiting the building. Please note that the bell rings at 3:10 and some classes will not be exiting their classrooms until 3:13 p.m.

The middle column of the chart indicates the entry/exit points that specific grade level classrooms will be using to enter the building in the morning and to exit the building in the afternoon. The entry/exit areas are indicated in text above and entry points are marked with stars.

Staff supervision of students during arrival each day is from 7:40-8:00 and from 3:10-3:20 (1:40-1:50 on Weds.) during dismissal. Please do not drop off students prior to 7:40 each morning and have them picked up no later than 3:20 (1:50 on Weds.) every afternoon.

Parking Lot and Hug and Go Lane

All visitors to the school should use the Visitor Parking Lot located on the southwest side of the school near the main entrance. If this lot is full, visitors may use the staff lot on the southeast side of the building. The southeast parking lot may also be used for <u>parking only</u> during student arrival and dismissal times. If you choose this location, please note that it is not designed as a Hug and Go Lane drop off and pick up location.

Our school's Hug and Go Lane for student morning <u>drop off only</u> is located in our northwest parking lot. Please review these Hug and Go Lane procedures. A photo of the hug and go lane can be accessed <u>here</u>.

- If you would like to park and walk with your child to the blacktop/playground area, you may enter and park in a designated spot.
- Please do not stop and exit your vehicle in the Hug and Go Lane. If you need to assist your child in exiting the vehicle, you must park your vehicle in a designated spot in the parking lot.
- The green lines on the pedestrian side of the parked cars indicate the student drop off zone. Please pull all the way forward to the stationary car in front of you and have your children exit the car if your car is positioned along this path. The Hug and Go Lane was designed for a single lane of traffic with a pedestrian shoulder. The pedestrian shoulder beginning and ending point is indicated with the wavy green line in the above map.

• Please Note - New Pedestrian Access

Over the summer, in collaboration with the City of Broomfield, we were able to extend our sidewalk along the south side of the west parking lot. This is a big improvement to our school and will help ensure that students walking to school can stay safely on the sidewalk during morning dropoff and afternoon pickup without entering the crosswalk. This means if your student comes to school from the south, near Preble Creek Pkwy, we want them using the new sidewalk. Signage will be posted to assist pedestrians with access to and use of this new sidewalk.

- With the addition of this new sidewalk, we are now able to allow vehicles to turn left out of the northwest parking lot.
- Please remind your child that they need to stay on the sidewalks when in our parking lot.
 - Click <u>here for a photo</u> of the location of the new sidewalk.
- Additionally, students who come to school from the north should continue
 to use the pedestrian crossing area at the intersection of Middle Peak and
 Pikes Peak Drive when walking to and from school. If you will be using the
 pedestrian crossing area, you must wait for the crossing guard to stop the
 Hug and Go Lane traffic and stand in the crossing area before you will be
 invited to cross.

Please watch for pedestrians at all times in the parking lots and streets, and be alert at crosswalks.

Meet Your Administration Team

Your Thunder Vista administrative staff is honored to serve you and your children during your time in the Thunder Vista Buffalo Herd. If we haven't met you before or if we are just getting to know each other, here's a bit more about us.

Wishing you all a wonderful weekend!

Teresa Benallo, principal; Manissa Featherstone, assistant principal; Jody Roper, assistant principal

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